Jr Church Lesson Plan: MAT THEW 8:22-27; MARK 4:35-41; LUKE 8:22-25

Activity 1: Storm in a Bottle

**You will need**:

Water

A clear plastic bottle with a cap (that won't leak)

Glitter

Dish washing liquid

**Instructions:**

Fill the plastic bottle with water until it reaches around three quarters full.

Add a few drops of dish washing liquid.

Sprinkle in a few pinches of glitter (this will make your tornado easier to see).

Put the cap on tightly.

Turn the bottle upside down and hold it by the neck. Quickly spin the bottle in a circular motion for a few seconds, stop and look inside to see if you can see a mini tornado forming in the water. You might need to try it a few times before you get it working properly.

**Points to share:**

1. Peace: Knowing God’s love for us, that His intentions for us are good, and His limitless power

over all aspects of life and creation should have enabled the disciples to sleep through the

storm like Jesus.

2. Be still: In the case of this storm, nothing the disciples were capable of doing would save

them from any disaster that struck their boat. Their plan to stay safe was to cling to stable

objects on a sinking boat. That’s not a very good plan! Jesus was the only one on the boat with

the power to rescue them. If the disciples would have stopped trying to figure out how to save

their own lives and looked to God for help, they would have woken up Jesus as an obvious

answer to a simple problem that wouldn’t have worried them so much.

Activity 2: Coloring

**You will need:** Print outs from churches website, labeled “Jesus Calms the Storm”

* On the church’s website, on the children’s page all print outs for this lesson are available.
* Allow the children several minutes to color.

Closing:

**Memory verse:** Matthew 8:27: And the men marveled, saying, “What sort of man is this, that even winds and sea obey him?”

**Big Idea**: To teach children to trust Jesus and to face fear in His strength.

**Closing Prayer**: Dear God, sometimes we're scared, but You know how to make our fears go away. We know we can trust Jesus with all things because He is in control of everything, but sometimes it’s hard to be brave. Help us to trust in You when we are afraid. We ask these things in Jesus’ name, Amen